



BRUNCH

Homemade Granola 🌱 8,5
com frutos secos, fruta fresca, mel e iogurte
with nuts, fresh fruit, honey and yoghurt

Açaí & Yogurt 🌱 12,5
com fruta fresca, granola
with fresh fruit, granola

Extra: 🌱 🌱
iogurte de côco à base de soja +1
soya based coconut yoghurt +1

Croissant 🌱 🌱 3
com compota caseira | manteiga +0,5
with homemade jam | butter +0,5

Toasted Croissant 🌱 🌱 4
com queijo derretido | fiambre +1
with melted cheese | ham +1

Club Sandwich 🍗 14,5
com bacon, frango, tomate, ovo,
maionese, alface e batatas fritas
with egg, crunchy bacon, tomato,
chicken, mayo, lettuce and fries

Turkey Ciabatta 🍗 12,5
com peru, maionese de
pesto, mozzarella e tomate
with turkey, pesto mayo,
mozzarella and tomato

Tuna Pita 🐟 9
pão pita caseiro com
pasta de atum, pesto e tomate
homemade pita bread with
tuna paste, pesto and tomato

Salmon Bagel 🐟 11
salmão fumado, queijo creme
com endro e pepino
smoked salmon,
crème fraiche with dill and cucumber

Burrata Panini 🌱 12
panini de legumes grelhados e burrata
with grilled vegetables

Eggs Benedict 🍗 10
ovo escalfado com bacon e molho
holandês num muffin Inglês caseiro
poached egg with bacon and hollandaise
sauce on a home made English muffin

Scrambled Egg 🌱 7
ovo mexido em tosta
scrambled egg on toast

Avocado Poached Egg 🌱 9
abacate em tosta com ovo escalfado
avocado on toast with poached egg

Shakshuka com Tahina 🌱 9
salsa de tomates e pimentos vermelhos com
ovos e queijo feta. acompanha pão pita
tomato and red pepper sauce with eggs
and feta cheese. served with pita bread

Grilled Mushrooms 🌱 🌱 🌱 🌱 13
hummus com mix de cogumelos salteados
com tomilho e amêndoas torradas
hummus topped with sautéed mushrooms,
thyme and toasted almonds

(from open till close)

BE MEDITERRANEAN

ALL DAY

Azeitonas 🌱 🌱 🌱 🌱 4
Olives

Mezze & Pita 🌱 10
pão pita caseiro servido com
baba ganoush, hummus e tzatziki.
homemade pita bread served with
baba ganoush, hummus, and tzatziki.

Pan com Tomate 🌱 🌱 🌱 6
grilled bread with garlic
and tomato spread

Gazpacho Shot (2) 🌱 🌱 🌱 🌱 5
tomate, pimento, cebola roxa,
pepino, alho, tabasco, cebolinho
tomato, bell pepper, red onion,
cucumber, garlic, tabasco, chives

Popcorn 🌱 🌱 🌱 2,5

Labneh Za'atar 🌱 7,5
menta, azeite sal e pickles
labneh, za'atar, mint,
olive oil, salt and pickles

(from open till close)

BE SWEET

ALL DAY 🌱

Homemade Brownie 7
com gelado de côco
with coconut icecream

Pastel de Nata 2,5

Chocolate Cookie 4

Crêpe 3,5
açúcar | nutella +1 | mel
sugar | nutella +1 | honey

Variety of Daily Cakes 6
vários bolos do dia - veja na vitrine!
check our display!

Add on:

salmão fumado +5/ frango +2/ feta +2/ bacon +3/ abacate +2 /
fiambre +1/ tomate e cebola +1,5/ feijões +2
smoked salmon +4/ chicken +2/ feta +2/ bacon +3/ avocado +2 /
ham +1 / tomato & onion +1,5 / beans +2

🌱 vegetarian V

🌱 🌱 vegan VV

🌱 gluten free

🌱 lactose free

🐟 fish

🍗 meat



LEVELS

from 12:00

BEACH BAR & RESTAURANT

CARVOEIRO

PETISCOS

Sopa de Legumes 🍴 🌱 🌱 6

sopa de legumes com feijão verde
vegetable soup with green beans

Chicken wings 🍴 8
com cheddar picante e cenoura
with spiced cheddar and carrots

Chicken Popcorn 🍴 🌱 8
com maionese de mel e mostarda
with mustard and honey mayo

Bitterballen (6) 🍴 9,5

croquettes de carne
Holandeses com mostarda
Dutch mini croquettes with mustard.

Zucchini balls (6) 🍴 9

croquetes de curgete com queijo
feta, cebola roxa, menta e tzatziki
with feta cheese, red onion,
mint, and tzatziki

Vegan Croquettes (6) 🍴 🌱 🌱 9,5

2 caril, 2 paella e 2 espinafres
2 curry, 2 paella and 2 spinach

Cauliflower Popcorn 🍴 🌱 6

Couve-flor com maionese de trufa
with truffle mayo

Nachos 🍴 8

com guacamole, nata azeda e molho picante
with guacamole, sour cream and spice sauce

Nasty Nachos XL 🍴 15

com guacamole, queijo derretido, cebola, tomate,
pimentos, nata azeda, molho Mexicano
with guacamole, melted cheese, onion, tomato,
bell peppers, sour cream and Mexican sauce

Crispy Squid 🍴 🌱 7

com maionese de lima
with lime mayo

Camarões Fritos 🍴 🌱 15

com azeite, vinho branco, alho e piri piri
fried prawns in olive oil, with
white wine, garlic and piri piri

Batatas Fritas 🍴 5

com maionese de sriracha
chips with sriracha mayo

**Batatas Fritas de
Trufa & parmesão** 🍴 7,5

com maionese de trufa
truffle and parmesan chips
with truffle mayo

Grilled Garlic Bread 🍴 7,5

pão grelhado com alho
e queijo derretido
homemade

Salada Algarvia 🍴 🌱 🌱 🌱 6

com tomate, cebola, pepino,
pimentos e oregãos
with tomato, onion, cucumber,
bell peppers and oregano

PINSAS

Caprese 🍴 12,5

tomate, queijo mozzarella, manjeriço e pesto
tomato, mozzarella cheese, basil and pesto

Aubergine 🍴 🌱 🌱 10

pasta de beringela fumada,
beringelas fritas, tomate, zhug e rúcula
smoked aubergine paste, fried aubergines,
tomato, zhug and rocket

Mushroom Truffle 🍴 11,5

picado de cogumelos, manteiga de trufa e rúcula
chopped mushrooms, butter truffle and rocket

Presunto, Figo & Pistache 🍴 15

presunto cru, figo, pistacho e stracciatella
prosciutto, fig, pistachio & stracciatella

A la 'lahmacun' 🍴 🌱 12

borrego picado, baharat, sumac,
tomate, cebola, folhas de salsa e limão
minced lamb, baharat, sumac, tomato,
onion, parsley leaves and lemon

Chicken 🍴 🌱 11

frango picado, folhas de salsa,
masala, tomate assado e cebola
minced chicken, parsley leaves,
masala, roasted tomato and onion

Kids Margherita 🍴 8

passata, queijo e oregãos
passata, cheese and oregano

SALADS

Salada Caesar 🍴 🌱 🌱 15

com ovos cozidos a 6 minutos,
anchovas, frango grelhado e croutons
with soft boiled eggs, anchovies,
grilled chicken and croutons

Bulgur Salad 🍴 🌱 🌱 13

Abacate, nozes, salada de cenoura e bulgur,
cebola roxa, pepino, pimentos e salsa
Avocado, walnuts, carrot salad and bulgur,
red onion, cucumber, bell peppers and parsley

POKE BOWLS

com arroz de sushi, rábano, cenoura,
edamame, pepino, rabanete, abacate,
sementes de sésamo & manga com maionese sriracha
with sushi rice, horseradish, carrot,
edamame, cucumber, radish, avocado,
sesame seeds & mango with sriracha mayo

Frango Teriyaki 🍴 🌱 12

chicken teriyaki

Tartar de Salmão 🍴 🌱 14

salmon tartare

Tartar de Atum 🍴 🌱 14

tuna tartare

Tofu 🍴 🌱 11

tofu

Extra portion:

arroz de sushi +2
bulgur ao invés de arroz +2
sushi rice +2
bulgur instead of rice +2



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